

## Speakers

### Phil Alderson

Associate Director, Centre for Clinical Practice, National Institute for Health and Clinical Excellence (NICE), UK

### Martin Fortin

Professor of Family Medicine and Research Director, Department of Family Medicine, Sherbrooke University, and Applied Canadian Institutes for Health Research (CIHR) Chair on Health Services and Policy Research on Chronic Diseases in Primary Care, Canada

### Paul Glasziou

Director, Centre for Research in Evidence-Based Practice (CREBP), Faculty of Health Sciences, Bond University, Gold Coast, Australia

### Sebastian Harder

Professor of Clinical Pharmacology, Institute for Clinical Pharmacology, Goethe University Hospital, Frankfurt/Main, Germany

### Christiane Muth

Head of the Clinical Decision Support Unit, Institute of General Practice, Goethe University, Frankfurt/Main, Germany

## Chairs

### Annette Becker

Professor of Family Medicine, Department of Family Medicine, Preventive and Rehabilitative Medicine, Philipps University, Marburg, Germany

### Martin Beyer

Head of Quality Improvement and Concept Development Unit, Institute of General Practice, Goethe University, Frankfurt/Main, Germany

### Jeanette Blom

Assistant Professor, Department of Public Health and Primary Care, Leiden University Medical Center, Netherlands

### Liam Glynn

Senior Lecturer in General Practice, Discipline of General Practice, College of Medicine, Nursing

## Panel Guests

### Monika Leigemann

Director, Department of Evidence-Based Medicine, Medical Service of the Federal Health Insurance Association (MDS), Chairman of the German Network of Evidence-Based Medicine, Germany

### Rafael Perera

University Lecturer in Medical Statistics, Department's Head of Statistics, Department of Primary Care Health Sciences, University of Oxford, UK

### François Schellevis

Head of Research Department, NIVEL (Netherlands Institute for Health Services Research), Utrecht, and Professor of General Practice, Department of General Practice/EMGO Institute for Health and Care Research, VU University Medical Center, Amsterdam, Netherlands

### Ulrich Thiem

Researcher, Department of Medical Informatics, Biometry and Epidemiology, and Specialist Registrar, Department of Geriatrics, Marienhospital Herne, Ruhr University of Bochum, Germany

### Jose M Valderas

Senior Clinical Research Fellow, Head of Health Services & Policy Research Group, Department of Primary Care Health Sciences, University of Oxford, UK

### Hendrik van den Bussche

Director (retired), Institute of Primary Medical Care, University Medical Center Hamburg-Eppendorf, Germany

and Health Sciences, National University of Ireland, Galway, Ireland

### Frank Oswald

Head of the Working Group for Interdisciplinary Ageing Research, Faculty of Educational Sciences, Goethe University, Frankfurt/Main, Germany

### Johannes Pantel

Professor of Geropsychiatry & Clinical Gerontology, Head of Geriatric Medicine, Institute of General Practice, Goethe University, Frankfurt/Main, Germany

### Andrea Siebenhofer-Kroitzsch

Deputy Director, Head of Working Group for Chronic Disease and Health Care Research, Institute of General Practice, Goethe University, Frankfurt/Main, Germany

### Petra Thuermann

Director, Philipp Klee Institute of Clinical Pharmacology, HELIOS Clinical Centre Wuppertal, and Director, Institute for Clinical Pharmacology, University of Witten/Herdecke, Germany



Symposium at the German National Library, Frankfurt/Main

**Evidence-Based Medicine Meets Multimorbidity: A Blind Date?**

**Wednesday, October 17<sup>th</sup>, 2012**

Deutsche Nationalbibliothek, Adickesallee 1, 60322 Frankfurt am Main



*at the occasion of the appointment of*

**Prof. Marjan van den Akker, PhD**

Maastricht University, School CAPHRI, Dept. of General Practice, Institute for Education FHML, Medical Programme, Netherlands  
Katholieke Universiteit Leuven, Dept. of General Practice, Belgium to the

**22<sup>nd</sup> Friedrich Merz Visiting Professorship**

**Institute of General Practice,  
Goethe University, Frankfurt/Main, Germany**

## Program

09:30 – 10:00 *Welcome:*

Manfred Schubert-Zsilavec (Vice President of Goethe University, Frankfurt/Main, Germany),  
Alexander Gebauer (CSO, Global R&D, Merz Pharmaceuticals GmbH & Co KGaA, Frankfurt/Main, Germany),  
Ferdinand M. Gerlach (Executive Director, Institute of General Practice, Trustee of the visiting professorship, Frankfurt/Main, Germany)

10:00 – 11:00 *Session 1, Chairs: Frank Oswald, Jeanette Blom:*

Multimorbidity: the insidious epidemic (Martin Fortin)  
Comment (Hendrik van den Bussche)  
Discussion

11:00 – 11:30 *Coffee break*

11:30 – 12:25 *Session 2, Chairs: Johannes Pantel, Liam Glynn:*

Problems of multimorbidity and polypharmacy (Marjan van den Akker)  
Comment (Sebastian Harder)  
Discussion

12:25 – 13:25 *Lunch break*

13:25 – 15:25 *Session 3, Chairs: Martin Beyer, Annette Becker*

Clinical decision making in real heart failure patients – implications of interactions on guideline development (Christiane Muth)

Addressing multimorbidity in clinical guidelines – experience from NICE and future plans (Phil Alderson)

Discussion

Applying evidence to individual patients with multimorbidity (Paul Glasziou)

Comment (Ulrich Thiem)

Discussion

15:25 – 15:55 *Coffee break*

## Program

15:55 – 17:50 *Session 4, Chairs: Andrea Siebenhofer-Kroitzsch, Jose M. Valderas*

Research in multimorbidity: dilemmas and challenges (François Schellevis)

Comment (Rafael Perera)

Introduction to the panel discussion (Jose M. Valderas)

Clock hour panel discussion (Phil Alderson, Ferdinand M. Gerlach, Paul Glasziou, Monika Lelgemann, François Schellevis, Petra Thuermann)

17:50 – 18:00 *Final remarks and farewell*

(Marjan van den Akker and Christiane Muth)

.....  
**Scientific Committee:** Paul Glasziou, Christiane Muth, Marjan van den Akker  
.....

### Research integrity:

The editorially independent scientific committee selected the speakers and organized the program. In line with the recommendations of the International Committee of Medical Journal Editors, the speakers have provided disclosure statements on potential conflicts of interest.

The symposium is part of the 22nd Friedrich Merz Foundation's visiting professorship for "General Practice and Health Services Research on Multimorbidity". The visiting professor was selected by a special scientific Board of Trustees consisting of professors from different faculties and appointed by the President of Johann Wolfgang Goethe University, Frankfurt/Main.

### Funding:

The Friedrich Merz Foundation's visiting professorship is to be organized in line with the traditions of charitable foundations of Frankfurt citizens and traces back to the founder of the Merz Pharma GmbH & Co. KGaA, a family business. Since its initiation in 1985, the foundation has earmarked funds for a visiting professorship. These have been transferred directly to the presidential department of the Frankfurt-based Goethe University. This department arranges all financial transactions and supervises and documents that the funds have been used for their intended purpose.

.....  
**Trustee of the visiting professorship and executive director of hosting institute:**

**Ferdinand M. Gerlach**  
Institute of General Practice  
Johann Wolfgang Goethe University  
Theodor-Stern-Kai 7  
D-60590 Frankfurt  
Tel.: ++49-(0)69-6301-5687  
Fax: ++49-(0)69-6301-6428